

Yin and Yang Cuisine

Creating harmony in food for good health.

It is the philosophy that permeates Chinese culture – yin and yang. And maintaining harmony of these forces is essential in all, even food. From stir-fried beef to sweet and sour pork, there is always a balance in flavours, colours and textures.

It goes even further with certain foods. Tofu and crab are thought to have yin or cooling properties – and others like eggs and ginger hold warm, yang properties. Even the methods of cooking are grouped to these elements. From preparing to serving and eating your food, every step taken contributes to keeping a balanced yin and yang body. No Chinese meal is complete without a serving of tea. The herbs, roots and flowers in the different brews are also essential to observing this philosophy in food.





Chang Jiang Shanghai Restaurant

- Order two set meals and get the next one free

22 Scotts Road, Goodwood Park Hotel, Tel: 6730 1752 / 6734 7188

Terms and conditions: Valid for set lunch only. • Limited to maximum 6 redemptions. • Not valid on the Eves of and on Public Holidays, or during Festive and Special Promotions. • Not valid with other discounts, promotions or privileges. • Prior reservations are recommended.



Charming Garden

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

214 Dunearn Road, Copthorne Orchid Hotel, Tel: 6251 8149

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Chen Fu Ji

- 20% off ala carte food menu
- Birthday Treat: 1-for-1 dish for birthday celebration within 2 weeks before and after birthday

Please refer to the back for participating outlets.

Terms and conditions: Not valid with other promotions, discounts, privileges or vouchers.



Club Chinois

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

1 Tanglin Road, #02-18 Orchard Parade Hotel, Tel: 6834 0660

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Dragon City Sichuan Restaurant

- 20% off ala carte menu

214 Dunearn Road, Copthorne Orchid Hotel, Tel: 6254 7070

Terms and conditions: Not valid on Mother's and Father's Day, or the Eve of and 15 days of Chinese New Year. • Not valid with other offers, discounts, promotions or privileges. • Not valid for set menu, promotional items or wedding functions.



Dragon Pearl Restaurant

- 15% off ala carte menu

391 Orchard Road, #05-09 Ngee Ann City, Tel: 6737 1788

Terms and conditions: Not valid on the Eve of and 15 days of Chinese New Year.



East Ocean Teochew Restaurant

- 10% off total bill

1 Scotts Road, #02-18 Shaw Centre, Tel: 6235 9088

Terms and conditions: Not valid for set menu or promotional items.



Empress Room

- Complimentary starter for next visit with every \$100 spent

Exclusive to UOB Platinum Cardmembers:

- Complimentary meal for Cardmember with minimum three adult dinners

1 Beach Road, #03-09 Raffles Hotel Arcade, Tel: 6412 1330 / 6431 6156

Terms and conditions: Voucher for complimentary starter will be issued for use on next visit. • Not valid with other promotions, privileges or vouchers.



Garden Seafood Restaurant

- Order two set meals and get the next one free

22 Scotts Road, Goodwood Park Hotel, Tel: 6730 1700

Terms and conditions: Valid for set lunch and dinner only. • Limited to maximum 6 redemptions. • Not valid on the Eves of and on Public Holidays, or during Festive and Special promotions. • Not valid with other discounts, promotions or privileges.



Golden Peony

- 15% off total bill for dinner

Two Temasek Boulevard, #03-00 Conrad Centennial, Tel: 6432 7488

Terms and conditions: Not valid on the Eves of and on Public Holidays, and 15 days of Chinese New Year. • Not valid with other promotions.



Grand City Chinese Restaurant

- 20% off ala carte menu

252 North Bridge Road, #02-19 Raffles City Shopping Centre, Tel: 6338 3622

Terms and conditions: Not valid on Mother's and Father's Day, or the Eve of and the 15 days of Chinese New Year. • Not valid with other discounts and promotions. • Not valid for set menu, promotional items or wedding functions.



Grand Shanghai

- 15% off total food bill

392 Havelock Road, Grand Copthorne Waterfront Hotel, Tel: 6836 6866

Terms and conditions: Not valid with other offers, promotions and privilege discounts schemes. • Not valid on the Eves of and on Christmas or New Year's Day, or the Eve of and the first 3 days of Chinese New Year. • Not valid for beverage orders.



Hai Tien Lo Cantonese Restaurant

- 15% off total bill

7 Raffles Boulevard, #37-00 Marina Square, Pan Pacific Singapore, Tel: 6826 8888

Terms and conditions: Not valid with other discounts, promotions, vouchers or membership privileges.



Hai Xiang Restaurant

- 20% off total bill

181 Kitchener Road, New Park Hotel Mezzanine Floor, Tel: 6390 3086

Terms and conditions: Valid for buffet and ala carte menu. • Valid only on total food portion of bill (excluding beverages, banquets and children's menu). • Not valid on the Eves of and on Christmas, New Year's Day, Chinese New Year, and on Valentine's Day or Mother's/Father's Day.



Harbour City Restaurant

- Complimentary \$50 voucher for every \$300 spent on ala carte menu

460 Alexandra Road, #03-01 PSA Building, Tel: 6273 3966

Terms and conditions: Not valid with other promotions, discounts or privileges.



House of Mao Hunan Hot Pot

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

442 Orchard Road, #01-09/10 Orchard Hotel Shopping Arcade, Tel: 6733 7667

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Hua Ting

- 15% off total food bill

442 Orchard Road, Orchard Hotel, Tel: 6734 3880

Terms and conditions: Not valid with other offers, promotions and privilege discount schemes. • Not valid on the Eves of and on Christmas or New Year's Day, or the Eve of and the first 3 days of Chinese New Year. • Not valid for beverage orders.



Hua Yuen Chinese Restaurant

- 20% off total bill

10 Coleman Street, Grand Plaza Parkroyal Mezzanine Floor, Tel: 6432 5543

Terms and conditions: Valid for buffet and ala carte menu. • Valid only on total food portion of bill (excluding beverages, banquets and children's menu). • Not valid on the Eves of and on Christmas, New Year's Day, Chinese New Year, and on Valentine's Day or Mother's/Father's Day.



Jade

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

1 Fullerton Square, #01-02 The Fullerton Hotel, Tel: 6877 8188

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Kippo Pavilion Restaurant

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

Bukit Chermin, Keppel Club, Tel: 6273 3398

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Lao Beijing Dining Hall

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

68 Orchard Road, #03-01 Plaza Singapura, Tel: 6738 7207 • 238 Thomson Road, #02-11/12 Novena Square, Tel: 6358 4466

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



LingZhi Vegetarian Restaurant

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

541 Orchard Road, #05-01/02 Liat Towers, Tel: 6734 3788 • 7-10 Amoy Street, #01-01 Far East Square, Tel: 6538 2992

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Man Fu Yuan

- 15% off total food bill

80 Middle Road, InterContinental Singapore, Tel: 6431 1062

Terms and conditions: Black-out dates apply. • Not valid with other promotions.



Min Jiang Sichuan Restaurant

- Order two set meals and get the next one free

22 Scotts Road, Goodwood Park Hotel, Tel: 6730 1704

Terms and conditions: Valid for set lunch and dinner only. • Limited to maximum 6 redemptions. • Not valid on the Eves of and on Public Holidays, or during Festive and Special Promotions. • Not valid with other discounts, promotions or privileges.



Mouth Restaurant

- 15% off ala carte menu

133 New Bridge Road, #02-01 Chinatown Point, Tel: 6534 4233

Terms and conditions: Not valid on the Eves of and on Public Holidays or Special Occasions, or the 15 days of Chinese New Year. • Not valid with other discounts or vouchers.



My Humble House

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

8 Raffles Avenue, #02-27 Esplanade Mall, Tel: 6423 1881

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Noble House

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

5 Shenton Way, #06-13 UIC Building, Tel: 6227 0933

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Peach Blossoms

- 20% off total bill

6 Raffles Boulevard, Marina Square, Marina Mandarin Singapore, Tel: 6845 1118

Terms and conditions: Not valid on the Eves of and on Public Holidays, or the 15 days of Chinese New Year. • Not valid with other promotions or privileges. • Not valid for wine and champagne.



Peach Garden

- 10% off with minimum \$50 spent on ala carte and dim sum menu
- Complimentary voucher for Chef's creation sweet treat for use on the next visit

273 Thomson Road, #01-06 Novena Gardens, Tel: 6254 3383 • 20 Eastwood Road, #01-03 Eastwood Centre, Tel: 6245 3881

Terms and conditions: Not valid for beverages, set menus and promotional items. • Not valid during Festive Occasions.



Pearl River Palace Cantonese Restaurant

- 15% off total food bill

1 Raffles Boulevard, Level 3 Suntec Singapore International Convention and Exhibition Centre Suntec City, Tel: 6332 9733/6825 2076

Terms and conditions: Not valid on the Eves of and on Public Holidays. • Not valid with other discounts. • Not valid for "Eat-all-u-can" lunch or dinner promotions.



Pine Court Chinese Restaurant

- 15% off total bill

333 Orchard Road, #35-00 Meritus Mandarin Singapore, Tel: 6831 6262 / 6

Terms and conditions: Not valid on the Eves of and on Christmas and New Year's Day, or the Eves of and the 1st and 15th day of Chinese New Year, or Valentine's Day. • Not valid with other discounts, special promotions or privilege cards.



Shang Palace

- \$20 dining voucher for next visit with average \$200 – \$349 spent
- \$40 dining voucher for next visit with average \$350 – \$500 spent

22 Orange Grove Road, Shangri-La Hotel Lobby Level, Tower Wing, Tel: 6213 4473

Terms and conditions: Redeem Shang Rewards points for any amount spent. • All existing Shang Rewards Terms and Conditions apply. • Not valid with other offers, discounts, promotions or vouchers.



Si Chuan Dou Hua Restaurant

- 20% off total bill

7500A Beach Road, Plaza Parkroyal Lobby Level, Tel: 6290 8005 • 80 Raffles Place #60-01, UOB Plaza 1, Tel: 6535 6006

Terms and conditions: Valid for buffet and ala carte menu. • Valid only on total food portion of bill (excluding beverages, banquets and children's menu). • Not valid on the Eves of and on Christmas, New Year's Day, Chinese New Year, and on Valentine's Day or Mother's/Father's Day.



Soup Restaurant

- Free small soup of the day on your next visit

Please refer to the back for participating outlets.

Terms and conditions: Limited to 1 redemption per table. • Not valid on the Eves of and on Public Holidays. • Not valid with other offers, discounts, promotions or privileges. • Not valid for take-away.



Teahouse at China Square

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

51 Telok Ayer Street, #03-00 China Square Food Centre, Tel: 6533 0660

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.

"I believe in balancing the use of new combinations of ingredients and observing traditional cooking styles to stay true to the identity of Cantonese cuisine."

Master Chef Chan
Hua Ting Restaurant
Orchard Hotel



The Chinese Feasts – Chongqing Hot Pot@Suntec

- 10% off ala carte food menu

3 Temasek Boulevard, #B1-061 Suntec City Mall, Tel: 6337 6921

Terms and conditions: Not valid on the Eves of and on Public Holidays and Festive Occasions.



The Magic of ChongQing Hot Pot

- 10% off ala carte food menu

19 Tanglin Road, #04-06/07 Tanglin Shopping Centre, Tel: 6734 8135

Terms and conditions: Not valid on the Eves of and on Public Holidays and Festive Occasions.



The Neptune

- 15% off total bill

Collyer Quay, Overseas Union House, #07-00, Tel: 6224 3203

Terms and conditions: Not valid on the Eves of and on Christmas and New Year's Day, or the Eve of and the 1st and 15th day of Chinese New Year, or Valentine's Day. • Not valid with other discounts, special promotions or privilege cards.



The Paramount Restaurant

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

30 East Coast Road, #01-01/02 Paramount Hotel & Shopping Centre, Tel: 6440 3233

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Tien Yuan Kitchen

- 15% off total bill

8 Raffles Avenue, #01-03B Esplanade Mall, Tel: 6338 9638

Terms and conditions: Valid for dine-in only, on regular menu items. • Not valid on promotional items, cross order items or set meals.



Tung Lok Restaurant

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

177 River Valley Road, #04-07/09 Liang Court Complex, Tel: 6336 6022

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.



Victoria City Restaurant

- 10% off ala carte menu

2 Havelock Road, #02-01 Apollo Centre, Tel: 6538 6601

Terms and conditions: Not valid for set menus or promotional items.



Wan Hao Chinese Restaurant

- Weekdays: 20% off total bill
- Weekends: 10% off total bill

320 Orchard Road, Level 3 Singapore Marriott Hotel, Tel: 6831 4615

Terms and conditions: Weekdays: Mon – Thurs, Weekends: Fri – Sun. • Prior reservations required. • Subject to availability. • Not valid with other offers or discounts. • Not valid for alcoholic beverages.



Xin Cuisine Chinese Restaurant

- 15% off ala carte menu

Outram Road #04-00, Concorde Hotel, Tel: 6731 7173

Terms and conditions: Not valid on the Eves of and on Public Holidays, or the 15 days of Chinese New Year. • Not valid with other promotions.



Xin Tao Yuan Restaurant

- 15% off total bill with minimum \$50 spent

63 Tanjong Pagar Road, Tel: 6323 6367

Terms and conditions: Not valid for set menus and other promotions.



Yu Jia Zhuang Exotic Chinese Cuisine

- Free Imperial Herbal Prawns with minimum \$80 spent on ala carte menu in a single bill

3 Temasek Boulevard, #B1-056 Suntec City Mall (Fountain Terrace), Tel: 6336 8797

Terms and conditions: Not valid on the Eve of and the 15 days of Chinese New Year.



Yum Cha Restaurant

- 10% off ala carte orders

20 Trengganu Street, #02-01, Tel: 6372 1717

Terms and conditions: Not valid on Sundays and Public Holidays.



Ah Yat Seafood Restaurant

- \$20 voucher for use on the next visit with minimum \$100 spent in a single receipt

200 Turf Club Road, #03-01/02 Main Grandstand Turf City, Tel: 6883 2112

Terms and conditions: Not valid with other discounts, promotions, offers, vouchers or privilege cards. • Valid for dine-in only.



Fu Du Huang Gong Seafood Restaurant

- 10% off ala carte menu
- 5% off set menu

321 Orchard Road, #02-00 Orchard Shopping Centre, Tel: 6735 6668 / 9060 8440 (after 6pm) • 962 Jurong West St 91, Hong Kah Town Council 3rd Court, Tel: 6792 1118 / 9060 8440 (after 6 pm)

Terms and conditions: Not valid for dim sum and other promotional items.



Long Beach Seafood Restaurant

- 10% off ala carte menu

Please refer to the back for participating outlets.

Terms and conditions: Not valid with other promotions and privileges. • Not valid on the Eves of and on Public Holidays or Special Occasions.



Mouth Seafood Restaurant

- 15% off ala carte menu
- 10% off buffet

133 New Bridge Road, #B1-02 Chinatown Point, Tel: 6533 6696

Terms and conditions: Discount on buffet is valid for adult only. • Not valid on the Eves of and on Public Holidays or Special Occasions, or the 15 days of Chinese New Year. • Not valid with other discounts or vouchers.

seafood



Old Racecourse Seafood Restaurant

- \$20 voucher for use on the next visit with minimum of \$100 spent in a single receipt

200 Turf Club Road, #03-06 Main Grandstand Turf City, Tel: 6875 0298

Terms and conditions: Not valid with other offers, discounts, promotions, vouchers or privilege cards. • Valid for dine-in only.



Owen Seafood Restaurant

- \$20 voucher for use on the next visit with minimum of \$100 spent in a single receipt

200 Turf Club Road, #03-03 Main Grandstand Turf City, Tel: 6875 1895

Terms and conditions: Not valid with other offers, discounts, promotions, vouchers or privilege cards. • Valid for dine-in only.



Red House Seafood Restaurant

- 10% off ala carte menu

Blk 1204 East Coast Parkway #01-05 Seafood Centre, Tel: 6442 3112

Terms and conditions: Valid till 31 Dec 2003. • Not valid on Eves of and on Christmas, New Year's Day, or Mother's/Father's Day. • Not valid with other discounts, promotions and privileges. • Please produce your card prior to ordering.



Siamese Fins

- 10% off total bill plus free dessert of the day

45 Craig Rd, Tanjong Pagar Tel: 6227 9795 • 3 Temasek Boulevard, #B1-057 Suntec City Mall, Tel: 6334 4077



Thai Village Sharksfin

- 10% off ala carte food menu

Please refer to the back for participating outlets.

Terms and conditions: Not valid with other promotions or discounts. • Valid for dine-in only.



Treasure Inn Seafood Restaurant

- \$20 voucher for use on the next visit with minimum of \$100 spent in a single receipt

200 Turf Club Road, #03-05 Main Grandstand Turf City, Tel: 6875 0789

Terms and conditions: Not valid with other offers, discounts, promotions, vouchers or privilege cards. • Valid for dine-in only.



Tung Lok Seafood Arena

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

511 Upper Jurong Road, The Arena Country Club, Tel: 6262 6996

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Tung Lok Seafood Gallery

- 10% off ala carte food orders upon presentation of UOB/Tung Lok Happy Card*

1000 East Coast Parkway, #02-00 Blk B East Coast Recreation Centre, Tel: 6246 0555

Terms and conditions: *Card will be given at the first visit upon payment by UOB Credit and Debit Cards. 10% discount is not valid on the first visit. • Discount is valid only with UOB/Tung Lok Happy Card. • Valid for dine-in only. • Not valid on the Eves of and on Public Holidays or 15 days of Chinese New Year and Special Occasions. • Not valid with set menus, ala carte buffets, other offers, discounts, promotions or privileges. • Not valid for banquets of more than 3 tables.